



halo[®] LEISURE

PERFORMANCE REVIEW
AND ANNUAL REPORT

2013/14



HALO'S

In any one day at any one Halo Centre in Bridgend County Borough and Herefordshire, you will find a mix of people coming through the doors who tell our story: sportsmen and women making their daily visit for training, often for regional or national competitions; families coming to relax, swimming kit tucked under their arm and huge smiles on their faces; women and girls coming to exercise together, many putting on their trainers for the first time after years of thinking exercise wasn't for them; working people working out at lunchtimes or after hours; older people coming to one of our bespoke exercise classes or to find out how our team - in partnership with their GP - can help them recover from a bout of ill health; teams of young people piling in to hire bikes, play badminton, go climbing or to swim together... All ages, backgrounds, abilities and disabilities sharing in the one magical thing that is sport and leisure.

They are what Halo is all about. Everything we do is designed to make sure we reach everyone, even the hardest to reach groups, where they are, at their level, with a menu of accessible, affordable sport, fitness and leisure that will help keep them healthy, happy and engaged with and in the community where they live.

As we settle into our second decade in Herefordshire, and our third year in Bridgend County Borough, we are also demonstrating our dedication to giving the people who live in these counties not only the best kind of leisure choice and service, but the chance to enjoy that in the very best kind of facility. We notch up millions of visits each year and, as a Social Enterprise which ploughs all profits back into the business we're in, we were able to invest millions in upgrading Halo centres across the counties in this financial year. We opened the doors to our new Bridgend Life Centre in Wales and got to work on Hereford, Ross and Leominster Leisure Centres as the year came to an end.

We have also been fine tuning ideas for future investments and initiatives, designed to build on our success and to make next year even better, so we're always ready for the next customer who walks through our door, whatever their fitness and health needs.



RESULT!

During 2013 - 2014 Halo has clocked up over 2.4 million attendances at their centres which included:

MISSION

Halo are pleased and proud to have worked in partnership with Herefordshire Council and Bridgend County Borough Council and know our continued success and growth would not be possible without their support and, equally, the hard work and dedication of our staff teams across our centres. We owe special thanks to Jon Argent who served Halo as Chief Executive for the twelve years since our formation but who leaves a Social Enterprise in such a strong and highly respected situation as a result of his commitment to the health, wellbeing and the sporting aspirations of the communities we serve. I am grateful to each member of our staff and Board of Trustees for their dedication in pursuing our objective of making a positive difference in the lives of our communities. An organisation like Halo has to be focused on the present so we stay in tune with our customers' needs right now, and deliver excellent customer service every day of the year. But we also need - at the same time - to be looking ahead to make sure we can meet the challenges of the future, and take advantage of every opportunity that this industry presents. We look forward to the year ahead with confidence.



Bryan White
Chairperson - Board of Trustees
Halo Leisure



INVESTOR IN PEOPLE



375,726
522,347
794,407
198,017

SWIMMING LESSONS

GYM WORKOUTS

SWIMMING SESSIONS

BOOKINGS FOR
FITNESS CLASSES

**AND WHEN THEY WEREN'T WORKING OUT WITH US...
OUR MEMBERS WERE FOLLOWING WHAT WE DO!**



Halo's Twitter and Facebook pages took the Halo message to a platform of over 11,000 with 2,738 Twitter followers (up 61% on the previous year) and 8,277 Facebook followers

SEE THE DIFFERENCE...

In 2013/2014 we saw...

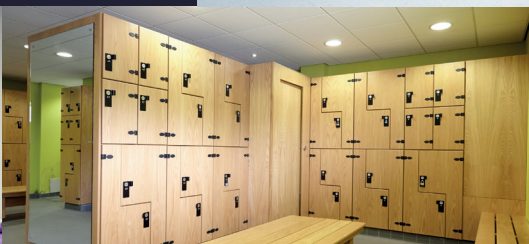
New facilities at **Garw Valley Life Centre** – including a new library, two new gyms, an exercise studio and indoor sports hall. This was followed by the introduction of a 3rd generation, all-weather outdoor facility at the centre, made possible by a Sport Wales Development Grant.



A full refurbishment on one of the squash courts at **Hereford Leisure Centre**, thanks to a grant from England Squash and Racketball. We also saw the introduction of a new air handling unit (not pictured) at **Ledbury Swimming Pool** which is making swimming and spectating a more pleasurable experience.



The completion of the multi-million pound refurbishment of **Bridgend Life Centre**. As we entered our second year in Bridgend County Borough (which saw a massive rise in participation) we got to work and before the end of this financial year completed the final phase of the building project and opened the new reception, café and library as well as a gym, exercise studios, refurbished sports hall, Halo Heights (the brand new indoor climbing wall) and JumpINGym (our soft play facility), a toning suite with top of the range power assisted exercise machines, a new spa with sauna, steam room and treatment rooms, and a new community meeting space.



CELEBRATING...THE WAY WE WORK



Halo is proud to have Flagship Social Enterprise status and to be in company with the growing number of organisations (from The Big Issue to Divine Chocolate, Greenworks to Jamie Oliver's restaurant chain Fifteen) who use the power of business to bring about change - tackle social problems, improve communities and enhance people's life chances.

Social Enterprises like Halo plough all profits back into the work they do and the facilities they run. As a registered charity and 'not for profit' organisation with no shareholders we can keep costs low and offer outstanding value for money, which is why we are able to make these investments into the facilities and services we offer. We are now an organisation of 18 sites, across two countries (England and Wales) and three counties (Herefordshire, Bridgend and Shropshire). Here at Halo we believe by working as a team and valuing our staff we create the best kind of workplace culture which translates into the best kind of customer service.

WATCH THE PROGRESS

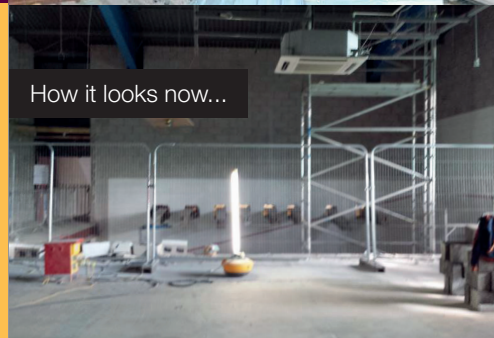
In 2014/2015 we'll see...

the completion of similar refurbishments at Hereford, Ross and Leominster Leisure Centres.

HEREFORD LEISURE CENTRE



LEOMINSTER LEISURE CENTRE



ROSS POOL

This year we celebrated **Ross-on-Wye swimming pool's** 40th birthday (and 2.8 million visits) with local supporters, all now looking forward to the multi-million pound refurbishment of Ross Leisure Centre which reopens for business in 2015.



Our annual staff survey once again underlined how our employees appreciate the environment where they work and how they're committed to being part of Halo's growth in the future. This year 150 of the team took part in the Stars Programme. Based on the work of Mary Gober, international expert in the field of engagement, business relationships and customer satisfaction, this training was all about helping staff to live the values of Halo and so improve the customer experience and, ultimately, business performance.

The programme is designed to develop positive, solution-focused people who deliver peak performance, build strong cultures and excel in all aspects of business life. We also introduced a tool called Listen360 to help us more efficiently manage feedback and use customers' direct and honest comments to build on what they love about Halo, and to fine tune and improve operations where shortcomings were noted.



News from the Severn Centre in Shropshire

We are also proud to continue to support the running of the Severn Centre in Shropshire, a 'not for profit' organisation providing high quality community, leisure, health and life-long learning facilities for the people of Highley and its surrounding areas. It continues to go from strength to strength as you'll see in their own annual report, available at www.severncentre.co.uk



halo

Reaching
people where
they are, in a
way that works

Whether it's our membership options or our opening hours, our classes or our partnership with outside agencies, Halo is determined to engage with communities in a way that works.

CHILDREN, YOUNG PEOPLE AND FAMILIES

National trends warn of a fall in the number of children and young people taking part in exercise, and a growing rise in childhood obesity. Reports this year suggested as many as one in three children can't swim when they leave primary school, and that drowning is now the third highest cause of accidental death in children. **So...**



/ Halo moved in to introduce life saving lessons to more children across our counties. Our school holiday activities included free swimming lesson crash courses for children not currently on a learn to swim programme, and we offered and promoted a free one-to-one swimming skills assessment for all children at any of our nine pools.

// Every school holiday came with a menu of activities including swimming, arts & crafts, snorkeling basketball, circus skills, gymnastics, rugby and we were delighted to work with Herefordshire Carers to host a second summer of events specially designed for children living with disabilities.

/// Our Teenage Fit Hit offered teenagers the chance to access all Halo's facilities during the school holidays for just £30. This brought scores more young people into the pool or on to the badminton court, into exercise classes or on to the treadmills at the gym. We also welcomed more students home for the holidays or on vacation from local full time education who were able to enjoy three months membership for the price of two.

//// Free Swim Fridays in Bridgend County meant everyone could kick start their weekend with a splash. This initiative is an addition to the free swims available to people 16 and under or 60+ through the Welsh Government's Free Swim Initiative.



//// Our healthy lifestyle course MEND (Mind, Exercise, Nutrition...Do it!) continued to change lives. MEND is an international organisation working with groups like Halo to tackle the growing problem of childhood obesity. A publicity drive was aimed at health care and education professionals to support recruitment of families onto the healthy lifestyle programme in Bridgend County Borough (see page 8).



//// Over 1000 local primary school children enjoyed taster sessions and activities during the Summer and Winter Youth Games held at Hereford Leisure Centre.

//// We celebrated National Family Week by encouraging families to work out or wind down together in their local Halo centre with activities such as swimming, racket sports, indoor and outdoor team games.



//// We saw a record-breaking group of children and their families enter the history books when, in Spring 2014, a bumper crowd of 1,395 book lovers packed into the library at Bridgend Life Centre for its second free bilingual fun day event, which smashed the previous record of visitors to the library in one day. Organised by Bridgend Library and Information Service in partnership with Halo Leisure and Tyfu, a Welsh Government initiative which encourages families to introduce bilingualism to their children, the fun day featured a host of stories, arts and crafts, songs, rhymes, activities and games that children enjoyed in both English and Welsh.

And last but not least, we continued to offer membership designed for under 17s and, again, saw more youngsters take this up so they could enjoy unlimited activities across the range.



For two hours, twice a week, a group of children and their parents have been getting together in Bridgend to learn something that just might save their life. It might not seem that dramatic when you visit them. They're giggling with delight and catching their breath after a game they've just played, and then cheering each other on as they try new foods. But it is, quite literally, life changing.

This is MEND, a free-of-charge programme being run by Halo to help tackle the growing problem of obesity in our young people. MEND is an international organisation working with groups like Halo to tackle childhood obesity (and UK has the worst record in Western Europe) which now affects three out of ten children across Bridgend County Borough.

These children are not the stereotypical obese children and their parents, while taking responsibility for their child's weight, are not the irresponsible adults some corners of the media would like to depict. They are typical parents who have acknowledged that their children are not eating as well as they should and are not as fit as they could be. They want to do something about the problem before it impacts on their health.

At the end of the programme nine year old Lewis lost nearly 7lbs, 4cm off his tummy measurement, and has learned he loves running and has a taste for more vegetables than he ever imagined. "He was not especially overweight," says his mum Samantha who lives in Bridgend. "He was a bit chubby, but I was more concerned he wasn't fit. He didn't like PE, and tended not to join in sports or even running about games because he didn't want to make a fool of himself. I'd been looking for something to help him and then Halo contacted me about this programme."

"Lewis was a bit nervous at first, but going to this place was about having fun rather than winning or losing," says Samantha. "Caz, the girl who ran the fitness side was fantastic and so much fun. I was amazed how trying different foods with other children has helped Lewis with his diet too. I'd brought him up eating healthy foods - porridge and fruits and vegetables - but in the last few years he'd 'gone off' certain foods and it was a battle to get him to eat enough fruit and vegetables. Now he has veg with every meal."

Samantha admits she and the other parents learned a few things too, like the amount of sugar in so called healthy cereals or yoghurts. "I did worry I'd be sitting in a lot of lectures, but it wasn't like that at all," she says. "It was nice to be with others in the same boat, and everyone shared ideas about how to make meals more enjoyable, how to be active as a family. It changed the way I think, and changed what I buy," she says. "We have a saying in the supermarket now: is it MEND friendly?"

"It can feel like a huge thing for parents to make this step, but all the parents on our course were glad they did," says Halo's Stuart Mitchell who is managing the programme and currently inviting families to join in future programmes. "This is never about the blame game. Research shows that a whole range of factors - from environmental issues to education, from the way food's produced to the way its promoted - can have an impact on what families eat. It's about recognising that, and understanding that it can become an ordeal for parents trying to get their children to eat the right foods. It's about helping them rethink diet and exercise in a really positive way. Children like Lewis often aren't really aware of the difference it will make, but if they leave enjoying healthy foods, and loving exercise a little more they start to eat better, move more, feel better, have more fun...and it all becomes more 'natural'."

FEELING ON TOP OF THE WORLD

Lewis on one of the fun exercise sessions at MEND



WOMEN AND GIRLS

Reports suggesting too many teenage girls drop out of sport, sometimes forever, caused organisations like Halo to look hard at new ways to reach this audience. Reports cited a dislike of school PE, worries about image (and the suggested downsides of a sporty one), and lack of access as potential problems for this group.

So as well as our initiatives to attract more young people to Halo we...



/ Trialled a new initiative called 'What Moves You?', after being selected by Sport Wales to be part of their national campaign aimed at getting more females more active.

// Saw Halo and Bridgend County Borough Council Youth Services join forces to deliver Streetgames pilot project 'Us Girls'. Only a handful of local authorities across Wales have been selected to pilot this innovative approach which will use sport and leisure activities to tackle issues around social exclusion, self esteem, body confidence and healthy eating amongst women and girls.

/// Supported local women in Herefordshire by offering free Race for Life preparation sessions. In the six weeks leading up to the race Halo's fitness instructors helped women improve fitness levels, boost their energy, and learn about warming up, stretching, and staying healthy while on the run.



A halo STORY



Siân Islip, Halo member, featured in Sport Wales Women and Girls Campaign 'What Moves You?' in January 2014

"It feels great to be able to do something for yourself..."

For most of her adult life Siân has suffered from Rheumatoid Arthritis (RA), a systemic autoimmune disease which affects about 700,000 adults in the UK, three times more women than men. It causes swelling in and damage of the cartilage and bone around the joints; it can affect the whole body and internal organs. Siân had to give up her job as a teacher in her late 20s, and so many of the other interests she loved too - including sport. Until doctors referred her to her local Halo Sports Centre...

"The best word to describe working out in the hydrogym is liberating. When you have a condition like RA you try to focus on what you can do rather than what you can't, but the truth is you feel so much is taken away from you. When I was young I used to play netball. I completed Bronze and Silver 'Duke of Edinburgh Awards'. But when I developed RA in my late teens the symptoms stopped me exercising. At my worst, at the age of 28, I had to be lifted out of a chair by my father.

It took 9 years before I was properly diagnosed and then doctors recommended, once the medications had started to work, I start gently walking (with a stick) to improve my mobility. I had some physio in the pool with the hospital's physiotherapy department. Recently though, as my condition has stabilised (I can walk very short distances now), the GP recommended I use the hydrogym at Bridgend Life Centre. The referral - part of the National Exercise Referral Scheme - was with the aim of building up my muscles in my legs and with a view to preventing other health issues (cardiovascular and osteoporosis), which can be a higher risk if you have RA.

I feel I have been given back some control over my body. It feels great to be able to do something for yourself. After an assessment and induction with the staff at the centre, I signed up to aqua therapy classes, which are a bit like aqua aerobics. I also found I could use the hydrogym which is, as it sounds, a gym in water. You can walk down into the pool which is brilliant, and once I'm in I do circuits: go on the bike, do weights, try the rower. I could never use this equipment in a normal gym.

I am still able to work two evenings a week at a centre for adults with learning disabilities, and now two lunchtimes running classes at a home for the elderly - I fit my gym sessions around these. I know the physical benefits are key, but the mental benefits are huge too. **I feel so much happier, and so much more positive."**



OUR COUNTY'S ELITE ATHLETES



**HALO SPORT
FOUNDATION**
SUPPORT DEVELOP ACHIEVE

In Herefordshire and Bridgend County Borough a growing number of athletes were setting their sights on the Commonwealth Games in 2014 and looking ahead to the next Olympics in Rio. Halo are with them all the way via our Sport Foundation. **So this year we:**

/ Continued to receive applications from ambitious sportsmen and women in Herefordshire and Bridgend County Borough looking for crucial support for their future. We know from research that 80% of aspiring athletes have limited funding to support their ambitions. We also know the power of sport to transform lives, and the real benefits successful sportsmen and women can bring to their communities and to others around them.

// Supported over 120 athletes representing over 30 different sports (including disability sports) with over £60,000 worth of Foundation backing.

/// Welcomed Welsh Rugby Union legend and coach Rob Howley as our Patron in Bridgend County, and Paralympic Swimmer Sascha Kindred, OBE, who has won 49 medals in Paralympic, World and European Championship Competitions, as our Patron in Herefordshire.

//// Developed a new website for the Halo Sport Foundation which went live in the spring of 2014. Visit www.halosportfoundation.org.uk to find out more.



Sport Foundation recipients from Bridgend County



Sport Foundation recipients from Herefordshire

VISITORS WITH DISABILITIES

We know hundreds of thousands of people across our counties live with disabilities, and for far too long they have had limited access to sport and leisure as a result. Not at Halo, though. We endeavour to make all our facilities fully accessible, and continue to launch new initiatives to support adults and children living with disabilities. **So this year we:**



/ Joined organisations around the world to mark the **International Day of Persons with Disabilities** in December 2013. As part of this international drive to promote inclusion, Halo offered free seven day passes to people registered disabled, and our staff welcomed people to our centres so they could explore their options in exercise, and benefit from professional advice and guidance. We also hosted two free events offering demos, coaching and 'have-a-go' sessions.

// Started working with the Bridgend County Borough Council to create a bespoke website promoting disability sport across the county. The site - 'Get a Piece of the Action' - went live as the financial year came to an end, and now acts as a one stop information hub and discussion forum signposting the most accessible facilities and bespoke sport and leisure clubs and organisations across Bridgend County Borough. Visit www.pieceoftheaction-bridgend.org.uk

Piece of the Action

/// Continued our work experience programme in Leominster which offers three students from Mencap work experience across a six week period, opening up opportunities for them to work in the sport and leisure industry.



//// We were especially delighted to work with Hereford Carers this year and to host the second summer of events specially designed for children living with disabilities.

OUR OLDER MEMBERS

As the population across the UK and across our counties gets older, we also become wiser about how to use fitness regimes to promote good health and mobility, to fight isolation and ill health. **So...**

/ On National Older People's Day (October 1, 2013) we invited older people to visit their local Halo centre to find out how they could build practical steps into their daily routines to help them exercise safely and effectively. We offered complimentary seven day passes so that older members of the community could sample the range of activities on offer. We also marked World Arthritis Day by inviting sufferers to Halo to meet fitness professionals and to discover the activity that might work for them. While this wasn't exclusively for older visitors (as our case history Siân, on p10 illustrates), we welcomed a huge number of older newcomers and gave each of them a complimentary seven day Halo pass so they could find an activity that was right for them and helped them to live up to the theme of 'move to improve'.



// We continue to offer discounted membership and activities to people aged 60 and over for Bridgend County Borough, and aged 65 and over for Herefordshire.

VISITORS WITH HEALTH ISSUES

Our partnerships with health experts are making a difference. As reports in the Press underlined the preventative role of fitness in everything from heart disease to dementia to depression, our team met with members who wanted to discover how our facilities can facilitate better health.

We also:

/ Promoted our Quit and Get Fit no-smoking initiative on National Stop Smoking Day and during Stoptober. Quit & Get Fit is a free 12 week support programme for smokers in Herefordshire. Some 78 local people used this service as part of their effort to kick the habit during the year. We are in talks with Stop Smoking Wales about a similar partnership in Bridgend County Borough.



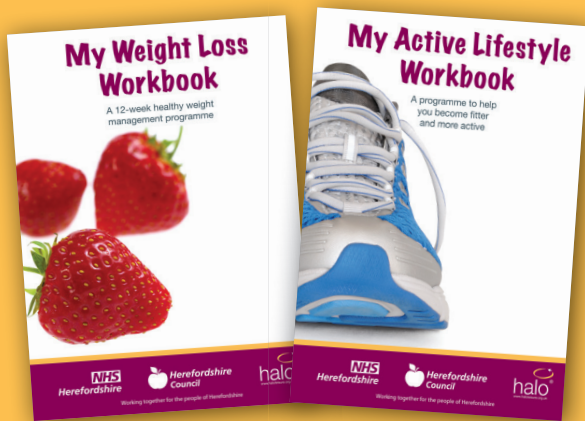
// Continued to welcome hundreds of people referred by their GP while they are tackling health issues, or because their health checks flagged up a need for preventative steps. Our LIFT* Exercise Referral Scheme in Herefordshire and the NERS* Referral Scheme in Bridgend County Borough ensures people tackling health issues (from



Wales National Exercise Referral Scheme (NERS)
Cynllun Atgyfeirio Cleifion i Wneud Ymarfer Corff Cymru

blood pressure to heart health) can benefit from one-to-one support as they increase activity or manage their weight as part of their health management or recovery programme. (*LIFT is Lifestyle Improvement for Today, and NERS National Exercise Referral Scheme).

In Herefordshire, alongside LIFT, we continued to build and promote our Healthy Lifestyle Programmes (preventative health programmes supporting patients who are aged 40 - 74 and who have been referred after an NHS Health Check).



CORPORATE MEMBERS

Companies say they have learned a lot as a result of the recent recession, and one of the most surprising (but also positive) things is the importance of staff taking time out during the working day. Not because the work pressure is low - anything but when the economy is struggling - but because the role of workplace health (and the financial drain of workplace absence) has such an impact on the bottom line that employers can no longer ignore it. **That's why Halo...**

// Offers a corporate membership package, at no cost to the company, to organisations where more than 5 members of staff sign up for membership. More companies - from Waitrose to Sony to Wye Valley Brewery - are feeling the benefits this year.

// Is working directly with companies. Our workplace wellbeing initiative at Sony UK Tec moved into its second year and the difference we're seeing (and hearing about) is all positive. When we launched the programme the majority of staff recognised how important regular physical activity could be, but nearly half of respondents didn't consider themselves active, and nearly two thirds said they were not eating well more than half of the week. Less than one in five rated their current state of health very good or excellent. Initiatives like health assessments for staff, blood pressure testing, healthy eating workshops and group exercise sessions and gym workouts have changed that. Staff are not only taking on more health and fitness initiatives at work but as a result - and much more importantly - making their health more of a priority 24/7. What's more, more staff have been taking advantage of their Sony corporate membership at all eight Halo centres (spas, pools, sports facilities, gym and group exercise classes) across Bridgend County Borough.



A halo STORY

"I think something has changed at Sony because of Halo's wellbeing project. Before it launched people would come to work, work hard, enjoy work, go home. Thinking about your health while you were at work - and doing something about it - was not even on the agenda. I cycled to and from work every day (covering a total of about three miles) but apart from that I was pretty inactive. Sony and Halo have helped me - helped all of us - think out of the box. They have changed the way a lot of people view their health, including me."

Mike Sewell has worked for Sony for 12 years and is currently a planning officer in the supply chain department.



Personal Trainer
at Work

halo SUPPORTS...

SPORT RELIEF!

On Sunday March 23rd Halo Leisure members joined tens of thousands of other runners (cyclists, skippers, swimmers, walkers and more) up and down Britain who on one day, in one go, moved together to complete the official Sport Relief Mile.

FUNDRAISING FOR
SPORT RELIEF

SPORT
RELIEF
2014



Going that extra mile for Sport Relief



Local runner gets a free 'gait analysis' from local sports shop Clubsport

CHARITY RUNNERS!

On December 7th the Runners Advice Day at Hereford Leisure Pool gave all those preparing to run - be it in a charity fun run, 5k, 10k, half marathon or maybe even a full marathon - the opportunity to take a breath and meet with fitness and health professionals and some of the county's most experienced runners. They benefited from advice on everything from footwear to footcare, the best gait to better breathing, plus how to treat aches and pains, and the importance of cross training using Halo facilities.

ST MICHAEL'S HOSPICE

We launched the Big Trainer Trade Up... Not only was this initiative designed to get local people back into trainers and on the move, but also to support St Michael's Hospice in their bid to build facilities suitable for younger people needing palliative care. Everyone across the county was invited to trade in their old trainers at their local Halo centre for a 20% voucher off a new pair. We ran the month-long charity project in partnership with Hereford's St Michael's Hospice, Clubsport and United Shoe Recycling Company. All proceeds made from the recycling of unwanted sports shoes was donated to the hospice's 'Beth's Wish' campaign.



Halo - sponsors of the Bridgend Local Hero Awards. Karl Paterson (2nd from left) General Manager at Bridgend Life Centre joins some of the winners.

MIND, THE MENTAL HEALTH CHARITY

Halo ran a six week programme to support local people with mental health issues - not only to help them become more physically active but to support the charity's aim to help people integrate into their community more easily.



AND FINALLY... THANKS TO HALO'S UNSUNG HEROES

Every day the public are welcomed by Halo's brilliant customer service team and are taught and supported by our fitness instructors. Many consider them friends. Of course none of this could happen without the technical team who work tirelessly behind the scenes to ensure Halo's a safe and pleasant place to work out or wind down. Our huge thanks to them for their efforts in ensuring we deliver first class service in first class facilities.



FINANCIAL FOCUS

Halo Leisure Services Limited Statement of Financial Activities for the year ended 31 March 2014, before FRS 17 adjustments relating to the charity's defined benefit pension scheme.

Summarised Income & Expenditure Account for the year ended 31 March 2014

	2013/14		2012/13	
	£'000	£'000	£'000	£'000
INCOMING RESOURCES				
Management fee from Herefordshire Council	924		881	
Repairs and maintenance grant from Herefordshire Council	-		88	
Other Support from Herefordshire Council	-		426	
Incoming resources from charitable activities	11,452		11,456	
Commercial trading operations	110		93	
Other income	181		188	
		12,667		13,132
RESOURCES EXPENDED				
Direct costs	642		646	
Staff costs	7,522		8,293	
Premises costs	2,494		2,308	
Advertising and promotions	184		179	
Office administration	400		456	
Finance and compliance	125		169	
Irrecoverable VAT	386		357	
Equipment - hire, repairs and maintenance	52		95	
Depreciation	152		136	
Other costs	484		461	
Governance costs	15		15	
		12,456		13,115
NET INCOME/(EXPENDITURE)		211		17

Summarised Balance Sheet at 31 March 2014

	2014		2013	
	£'000	£'000	£'000	£'000
Fixed Assets		2,265		1,139
Current Assets	1,382		2,233	
Creditors falling due within one year	(1,590)		(2,642)	
Net Current Liabilities		(208)		(409)
Creditors falling due after more than one year		(1,193)		(45)
Accruals and deferred income		(272)		(304)
Net Assets		592		381
Funds Brought Forward		381		364
Net Income / (Expenditure)		211		17
Funds Carried Forward		592		381

The above is a summary of trading results prior to FRS17 adjustments relating to the charity's defined benefit pension scheme. An audited statement of financial activities is available upon request.

'Tell' Us Everything

We take your comments seriously. Please use one of the following methods to 'tell!' us exactly what you think of your experiences of Halo:



'Tell' us

Complete a 'Tell Halo' card, which you'll find in your local Halo centre.



Text us

Text 'Halo tell' followed by your comment to 60300. Don't forget to tell us your name and which Halo centre your comment relates to. Charged at your usual text rate.



Phone us

Use 'tell!' on the phone on 0845 1300 832. Calls are charged at Lo-Call rate.



Visit us

www.haloleisure.org.uk/tellhalo



Email us

tell@haloleisure.org.uk



Write to us

You'll find our addresses on our website www.haloleisure.org.uk

WANT TO CONTACT US?

Call **0300 012 1222** for Halo Herefordshire and
0300 012 1223 for Halo Bridgend County Borough

www.haloleisure.org.uk | info@haloleisure.org.uk

REGISTERED OFFICE: HALO SUPPORT CENTRE

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0300 012 1222 option 9
Registered Company number 4335715. England & Wales
Registered Charity Number: 1091543



Please scan this code on your
Smartphone and visit our website



www.haloleisure.org.uk